Mental Health Services

24 Hour Emergency Psychiatric Services
Mobile Community Outreach 908-994-7131
Trinitas Regional Medical Center 908-994-7131
Union County Mobile Response & Stabilization (Children) PerformCare 877-652-7624
Overlook Hospital 908-522-2000
RNV University Hospital - Rahway 732-381-4200

Need Help? Dial 2-1-1

Mental Health Services

Adult Inpatient Psychiatric Services
Carrier Clinic, Belle Mead...800-933-3579
Greystone, Morris Plains………973-538-1800
Overlook, Summit...............908-522-2281
Cornerstone, Berkeley Heights.970-790-5300
Summit Oaks, Summit..........908-522-7071
Trenton Psychiatric, W. Trenton...609-633-1500
Trintitas Regional, Elizabeth...908-994-7251
VA NJ, Lyons..........................908-647-0180

Children's Services
Child/Family Therapy and Medication Mgt.
Pericare…………………………877-652-7624
CenterPath Wellness………………908-756-6870
Cooperative Counseling Services...908-731-7100
The Lamberts Mill Academy……908-233-7581
Day Treatment/After School Therapeutic Treatment
Trinitas Regional MC………………908-994-7722
Division of Child Protection & Permanency (DCPP)
Crandon…………………………908-497-1488
Elizabeth………………………908-820-3000
Plainfield…………………………800-947-1750
Family Support for Children and Parents
Families & Community
Together (FACT)....................908-789-8500
Family Support Organization…908-755-0090
Youth Advocate Program (YAP)……973-624-1520
Grief Counseling
Imagine-A-Cr for Coping w/Loss...908-264-3100

Home Based Services
Cooperative Counseling Ser........908-731-7100
Family & Children’s Services...908-352-7474
Family Preservation Services.....973-372-8079
Unified Fam. & Children’s Society,908-755-4848
Inpatient Hospital Treatment
Summit Oaks Hospital, Ages 5-17...908-522-7071
Trinitas Regional MC………………908-994-7712
Outpatient Treatment (See Counseling Section)
UC Youth Service Bureau………..908-558-2520
Volunteers of America……………732-827-2444

Residential Treatment
Davis House, Ages 5-10…….....973-485-3314
New Point Residential Treatment……………………………..908-994-7395

Supervised and Therapeutic Visitation
Cooperative Counseling Ser…....908-731-7100
Family and Children’s Services…………………………………….908-352-7474

Screening
Trinitas Regional Medical
Center (Adult)……………………908-994-7131
UC Mobile Response (Children)……………………………………877-652-7624

Community Support
Children & Family
Child Behavior Health Services, Pericare…………………………877-652-7624
Deaf & Hard of Hearing
Access Center, Voice TTY……………800-792-8339
Family Support & Education, Mental Illness
NAMI of Union County………………908-233-1628
HIV/AIDS
EIP Support Services, Trinitas Regional Medical Center……………908-994-7123
Iris House…………………………908-661-5057
Homeless 24 Hour Hotline………908-756-6061
Homeless Persons, Mental Illness
Homeless Outreach of Bridgeway…908-289-7330
Integrated Case Management Service (ICMS)
Mount Carmel Guild……………………908-497-3927
Intensive Family Support Services (IFFS)
Mental Health Association in NJ in Union County………………908-810-1001
Involuntary Outpatient Commitment (IOC)
Trinitas Regional MCC………………908-994-7543

Mental Health Services
Mental Health Association
in NJ……………………………..866-202-4357

Program of Assertive Community Treatment (PACT), Bridgeway
PACT 1, Elizabeth……………………908-352-0242
PACT 2, Plainfield………………..908-791-0505
PACT 3, Union…………………908-688-5400

Self-Help Clearing House Statewide Information…………………………800-367-6274

Supportive Education Services
Bridgewy/UMDNJ………………908-687-9666
Supportive Employment Services
Bridgewy………………………………908-886-2956
Supportive Housing Services
Bridgewy………………………………908-249-4100

Transportation
UC Paratransit System…………..908-659-5000

Treatment Linkage & Case Mgt. Services
TLC Program – Trinitas………………908-994-7543

Wellness Respite Services
Collaborative Support Programs of NJ
Middlesex County…………………732-354-4403
Passaic County……………………862-239-9896

Counseling
CenterPath Wellness………………908-756-6870
117 Roosevelt Ave., Plainfield
Children’s Specialized Hospital…………………………908-233-3720
150 New Providence Rd., Mountainside
Cooperative Counseling Ser…....908-731-7100
1050 Rt. 22, West, Mountainside
407 Chestnut Street, Union

Community Center for Human Development………………908-276-0590
201 Lincoln Ave. East, Cranford
Family Resource Center…………..908-276-2244
300 North Ave. East, Cranford
Family and Children’s Services……………………………………908-352-7474
40 North Ave., Elizabeth
GenPsych………………………….855-436-7792
High Focus……………………800-877-3628
Jersey Behavioral Care…………908-291-2727

Counseling, continued
Jewish Family Services…………908-352-8375
655 Westfield Ave., Elizabeth
Mount Carmel Guild/Child/Family Outpatient,
Medication Monitoring………………908-497-3989
108 Alden St., Cranford
Overlook Hospital, Family Service of
Summit……………………………..888-247-1400
46-48 Beauvoir Ave., Summit
PROCEED(Hispanic)………………908-469-3200
1126 Dickinson Pl., Elizabeth
Resolve Community Counseling
Center………………………………908-322-9180
1830 Front St., Scotch Plains
Summit Oaks Hospital………………908-522-7071
19 Prospect St, Summit
Trinitas Regional Medical Center
Adults……………………………….908-994-7556
654 East Jersey St., Elizabeth
Children……………………………..908-994-7223
655 East Jersey St, Elizabeth
United Family and Children’s Society…………………908-755-4848
305 West 7th St., Plainfield
Youth and Family Counseling………………808-233-2042

Substance Use Disorder Services

Co-occurring Partial Care
Bridgeway Rehabilitation Services…………………908-355-7200
CenterPath Wellness………………908-756-6870
High Point…………………………908-788-5979
Trinitas Regional Medical Center…………………..908-994-7556

Union County CLEAR
Community Law Enforcement Addiction Recovery……………….855-825-3275

Detox—Adult
Bergen Regional Medical Center……………908-730-2762
230 East Ridgewood Ave., Paramus
New Hope Integrated BHCare.732-946-3030
80 Conover Road, Marlboro
Summit Behavioral Health……….855-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital………………908-522-7071
19 Prospect Street, Summit
Turning Point, Inc…………………..973-239-9400
680 Broadway Ave., Suite 104, Paterson

Detox—Adolescent
New Hope Integrated BHCare.732-946-3030

Halfway House — Female
Alfre/Mrs. Wilson’s…………………973-540-0116
Anderson House…………………..908-534-5818

Halfway House — Male
New Hope Integrated BHCare.732-946-3030

Intensive Outpatient Services
Bridgeway Rehabilitation Services…………………908-355-7200
557 Morris Ave., Elizabeth
CenterPath Wellness………………908-756-6870
117 Roosevelt Ave., Plainfield
Counseling Center at Clark………………732-882-1920
60 Walnut Avenue, Suite 200, Clark
Entente Alliance Group………………908-289-0700
GenPsych………………………….855-436-7792
High Focus……………………800-877-3628
High Point…………………………908-788-5979
Organization for Recovery………………908-769-4700
519 North Ave., Plainfield
Intensive Outpatient Services, Continued
Summit Behavioral Health ........908-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital..........908-522-7071
19 Prospect Street, Summit
Trinitas Regional MC .......908-994-7556
655 East Jersey St., Elizabeth

Interim Managing Entity (IME)................. -844-276-2777
Referral and authorization for addiction treatment -Medicaid & State contracts

Intoxicated Driver Resource Center
Union County ..........908-527-4791

Medicated Assisted Treatment
Lennard Clinic .................908-352-0850
Organization for Recovery ......908-769-4700
Summit Oaks Hospital .......908-522-7071
Trinitas Regional MC ...908-994-7556

Outpatient Services—Adult
Arie Counseling Services ..........908-400-8463
Bridgeway Rehabilitation Services..........908-355-7200
CenterPath Wellness ..........908-756-6870
Counseling at Clark .........732-882-1920
Gateway Ctr for Counseling ......908-665-1000
GenPsych ..................855-436-7792
High Focus ..................800-877-3628
High Point ..................908-788-6979
Intervention Specialists ....908-289-0700
Jersey Behavioral Care ......908-291-2727
Life Options Counseling ....907-770-5627
Organization for Recovery ..........908-769-4700
PROCEED, Inc. ..............908-469-3200
Summit Oaks Hospital ...908-522-7071
Trinitas Regional MC ......908-994-7556

Outpatient Services—Adolescents
High Focus ..........................800-877-3628
PROCEED, Inc. ..........908-469-3200

Short Term Residential Rehab Adult
CURA Inc. ................973-622-3570
47 Lincoln Park, Newark
New Hope Integrated BHCare.732-946-3030
30 Conover Rd., Marlboro
Summit Oaks Hospital ..........908-522-7071
19 Prospect Street, Summit
Turning Point, Inc. .......973-239-9400
Barnet Medical Arts Complex, Paterson
Short Term Residential Rehab Adolescent
Day Top New Jersey ..........973-543-5656
New Hope Integrated BHCare.732-946-3030

Referral, Prevention education, Early Intervention
NJ Connect for Recovery (Opioids) ..................-855-652-3737
Prevention Links .................973-381-4100
REACH NJ ...844-732-2465
Union County Local Advisory Committee on Alcoholism and Drug Abuse (LACADA) ..........908-527-4844

Developmentally Disabled, Continued
NJ Division of Developmental Disabilities ..........888-285-3036
Our House, Inc. ..........908-464-8008
Trinitas Integrated Services 

Elder Citizens
Adult Protective Services ..........908-497-3902
Alzheimer’s/Dementia Family Services ...............908-352-8375
Care to Caregivers .............800-424-2494
Holy Redeemer Home Care ...908-352-5694
Jewish Family Services .....908-352-8375
Retired Senior Volunteers (RSPV) ..........908-352-8375
SAGE Eldercare ..........908-273-5550
Jersey Senior Federal Services ....908-946-7555
Trinitas Regional Med. Ctr, Med. ....908-994-7556
Union County Division on Aging ..........908-527-4870/4858

Day Programs, continued
Trinitas Regional Medical Center ..........908-994-7556
654 East Jersey St., Elizabeth

Residential Services
Residential Healthcare Facilities (RHCF) 

Elizabethtown House ..........908-355-3406
Park Hotel ................908-754-2211
St. Rita, Paterson ..........908-232-3000
Supervised Group Homes, Apartments and Supportive Housing
Bridgeway Supportive Housing 

Sober Living
Flynn House .................908-351-2265
Oxford Houses ..........www.njoxfordhouse.org
Community Acceleor Program ..........908-354-3040 x4272

Special Telephone Services
AA-Alcoholics Anonymous ......800-245-1377
Al-Anon ..................888-944-5678
Caring Contact, Inc. ...........908-232-2280
Child Abuse ..................800-792-8610
Council on Compulsive Gambling

Domestic Violence ..................800-GAMBLER
HIV Hotline .................800-642-2377
NA-Narcotics Anonymous .....800-992-0401
NAR-ANON .................732-591-1827
Nat. Runaway Crisis Line ......800-651-0365
Nat. Suicide Crisis Line .......800-273-8255
Need Help? Dial 2-1-1 

Legal Services
Bridgeway Justice 
Involved Services ..........908-994-8544
Central Jersey Legal Services, Inc. ...908-354-4340
60 Prince St., Elizabeth
Community Law Project ..........908-355-8282
65 Jefferson Ave., Elizabeth

Organizations
Collaborative Support Programs (CSP) ..........732-780-1175
Depression & Bipolar Support Alliance ..........800-826-3632
International Compassive Observational Foundation ..........617-973-5801
Mental Health Association in NJ ....973-571-4100
Union County Office ........908-810-1011
NAMI, NJ ..................973-940-0991
NAMI, Union County ...........908-233-1628
NARSAD Research Alliance for Schizophrenia & Depression ..........800-829-8289
NJ Division of Vocational Rehabilitation ..........908-965-3940
NJ Psychiatric Association ..........808-588-3540
NJ Psychological Association .973-243-9800
Supportive Housing Association of NJ ..........908-931-1131
Union County Medical Society .908-789-8603
UC Mental Health Board ..........908-527-4846

Rehabilitation Centers and Psychiatric Day Programs
Bridgeway ..................908-355-7200
CenterPath Wellness ..........908-756-6870
GenPsych ..................855-436-7792
High Focus ..........908-877-3628
Inroads to Opportunities ..........908-241-7200
Mount Carmel Guild ..........908-479-3965
Social Clubhouse ..........973-376-2500
Summit Oaks Hospital ..........908-522-7071

Behavioral Health Services
Developmentally Disabled
ARC of Union County ..........973-315-0000
Children’s Specialized Hospital ...908-233-3720
Community Access Unlimited ..........908-354-3040
Inroads to Opportunities ..........908-241-7200
Jewish Family Services ..........908-352-8375

NJMentalHealthCares (NJMHC), a service provided by the Mental Health Association in New Jersey, is New Jersey’s first comprehensive behavioral health management website, serving professionals and the general public. Calls are answered by professional behavioral healthcare specialists who provide supportive counseling, assessment of presenting problems and information and referral. 

Service is live 8am-10pm, Monday-Friday Messages left during off hours are returned on the next business day.

NJMentalHealthCares Helpline
1-866-202-Help(4357) (TTY 1-877-294-4356)