



## Medical Information from Our School Nurses

Revised September 2023

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### Kenilworth School Exclusion Procedures

Testing recommended for students/staff with COVID-19 symptoms.  
If your child is COVID-19 positive, please contact your school nurse.

Situation	Response
Individual tests positive for COVID-19	<ul style="list-style-type: none"><li>- Individuals regardless of vaccination status, must complete a 5-day isolation period after the onset of symptoms or if asymptomatic after the positive test.</li><li>- Day 1 is the day after symptoms start, or the day after the positive test. If symptoms are gone or much improved after 5 days, the student may return to school.</li></ul>
Return to school	<ul style="list-style-type: none"><li>- The individual may return to school on Day 6.</li><li>- Students need to wear a mask in school from days 6-10</li><li>- If symptoms are still prevalent after 5 days, the individual should continue to isolate until symptoms are much improved or gone. The individual must also be fever free for 24 hours without fever reducing medication.</li><li>- Retesting and/or a negative test is <b>not</b> needed to return to school.</li><li>- If a child/student is not able to wear a mask (e.g. children with disabilities who cannot safely wear a mask) from days 6-10 following a positive test, they should remain home and isolate for a full 10 days.</li></ul>
Close Contact to a positive case	Monitor for symptoms. If positive test see above.

## Medication

All medications to be administered in school must be given to the school nurse at the beginning of the school year. Orders from your physician must be complete and accompany the medication. No incomplete documentation will be accepted. Medication and nebulizer equipment will be accepted, but routine **nebulizer treatments will not be administered in school.**

Nebulizer treatments will only be given, when deemed medically necessary by the nurse, in an isolated area. Inhalers will be accepted, and can be used in school in an isolated area approved by the Nurse.



By law, new Physicians' orders are necessary every school year for all medication to be administered in school. Whether it be over the counter medication (Motrin, Tylenol, Benadryl, eye drops, etc.), or prescription medication, new forms and a supply of medication need to be dropped off to your school nurse. The forms are required to be filled out by your doctor; they can be found [here on the district website](#).

A student will not be allowed on any field trips if the appropriate paperwork and medication are not handed in to the school nurse prior to.



## When Do I Keep My Child Home From School?

If your child is exhibiting any of the following illnesses/symptoms, please keep him/her home from school. Depending on the nature of their illness, and if it is suspected that any illness is COVID-19 related, restrictions may be different. Please contact your school nurse for guidance.

- A temperature of 100 degrees Fahrenheit or higher-The student must stay home 24 hours after resolution of the fever without fever reducing medication.
- Cough-Routine nebulizer treatments will not be administered in school until further notice. A doctor's clearance note and a negative Covid test may be required to return to school.

- Diarrhea or Vomiting-The student must stay home until 24 hours after the last episode of diarrhea or vomiting.
- Rash-Depending on the type of rash, medical clearance may be necessary. Please contact Harding or Brearley nurse for further instructions.
- Head Lice- If you suspect your child has lice, please keep your child home, check their head and treat if necessary. If you are unsure, check with your pediatrician for further guidance. Students with **live** lice are not permitted in school. Please contact a district nurse for further instructions.
- Eye redness or discharge-A clearance note, from a physician, may be required to return to school 24 hours after starting treatment.
- Influenza-Depending on symptoms, a doctors' note may be required to return to school. Follow the 24 hour rule for fever, vomiting, and diarrhea. Contact a district nurse for guidance.
- Any contagious illness (such as strep throat) not mentioned above, may require 24 hours of antibiotics before returning to school, and a doctors' note. Please contact a district nurse for guidance.
- If a student is absent for more than 3 days, a doctor's note is recommended and may be required to return to school.

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### **Food Allergies & Snack Guidelines**

- When sending in snacks for your children, please make sure they are **nut free**.
- Some examples of acceptable snacks are: goldfish crackers, pretzels, yogurt, fruit, vegetables, and fruit snacks.
- If you would like to celebrate your child's birthday, it must be with a **non-food item**.
- Please consider sending a water bottle to school each day with your child. Water bottle filling stations are available.

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### **Vaccination Requirements**

All immunizations must be current for the 2023-2024 school year. As per the New Jersey Department of Health, students who are not up-to-date on their immunization requirements and/or do not meet eligibility for provisional admission, will not be allowed to attend school in-person until immunization(s) are received or applicable exemptions are filed.

## **Contact Information**



### **Harding School Principal**

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### **Brearley School Principal**

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### **Harding School Nurse**

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### **Brearley School Nurse**

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### **District School Nurse**

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### **Athletic Trainer**

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### **Harding School Main Office**

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### **Brearley School Main Office**

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